THE NATIONAL INSTITUTE OF HEALTH & FAMILY WELFARE

(DISTANCE LEARNING CELL)

POST GRADUATE DIPLOMA IN MANAGEMENT – HEALTH & FAMILY WELFARE

SESSION 2026-2027

ASSIGNMENT – I

THEME - I	**Principles of Management**
Block - 1	Health Care Services Management
Block - 2	Human Resources Management Part A: Human Resource Management and its Overview Part-B: Qualitative skills for building organizational culture
Block - 3	Financial Management
Block - 4	Material Management (Procurement and Equipment Management)
Block - 5	Information Technology (IT) & Management Information System
Block - 6	Quality of Care
Block - 7	Practical Manual
THEME - II	**Health Care Services**
Block - 1	Health Care Delivery System
Block - 2	Planning, Implementation, Monitoring & Evaluation of Health Care Services.

ANSWER ALL QUESTIONS

Maximum Marks = 10X10 = 100

1. Define management and explain its major functions applicable at district level health system.
2. Discuss the major managerial problems and challenges in the implementation of Ayushman Bharat program.
3. What is stress? Discuss the major causes and effects of stress and explain various strategies for effective stress management and coping.
4. Explain the importance of interpersonal communication in healthcare organizations. Discuss how Transactional Analysis can be used to understand and improve interpersonal behaviour.
5. Define accounting and explain the various processes involved in accounting in a healthcare organization.
6. Explain the principles of materials management and discuss the process of materials management planning in a district health system.
7. Explain the role and importance of Management Information Systems (MIS) in decentralized health planning and decision-making at the district level.
8. Define quality in healthcare and discuss the major approaches and strategies for quality improvement at the healthcare-organization level.
9. Describe the major adolescent health programmes in India. Discuss the key health issues and challenges affecting adolescents and suggest appropriate strategies for improving adolescent health outcomes.
10. Differentiate between monitoring and evaluation in the context of a district health programme.

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ASSIGNMENT – II

THEME - II	**Health Care Services**
Block - 3	Applied Epidemiology
Block - 4	Management of Hospitals
Block - 5	Disaster Management
Block - 6	Practical Manual
THEME - III	**Health Care Programme Management**
Block - 1	National Health Programmes
Block - 2	Health Sector Reforms
Block - 3	Programme Management
Block - 4	Public Health Nutrition
Block - 5	Practical Manual

ANSWER ALL QUESTIONS

Maximum Marks = 10X10 = 100

1. Critically examine the Integrated Disease Surveillance Programme (IDSP) in India, highlighting its objectives, key components, achievements, and implementation challenges.
2. Define an epidemic. Explain the steps of outbreak investigation.
3. Define a disaster and discuss the major managerial challenges involved in disaster management in India.
4. Explain the fundamental principles of Bio-medical waste management and discuss their application in healthcare facilities.
5. Describe the Integrated Child Development Services (ICDS) Scheme and critically discuss the major challenges affecting its effective implementation.
6. Explain the role of Behaviour Change Communication (BCC) in social mobilization. Illustrate its application with reference to any one health programme in India.
7. Critically examine the major constraints in achieving universal health coverage in India and suggest appropriate measures to address these challenges.
8. Explain the mechanisms for inter-sectoral coordination in health. Discuss the major challenges to effective coordination and suggest measures to strengthen it.
9. Define malnutrition and discuss its causes, consequences, and nutritional management, with particular emphasis on children under five years of age.
10. Discuss the advantages and disadvantages of “Telemanas” programme.

DIRECTIONS TO WRITE ASSIGNMENT

- Use only foolscap size paper for writing your answers.
- Only handwritten assignments will be accepted.
- **Typed or printed copies of assignments will not be accepted.**
- Tie all the pages after numbering them carefully.
- Write the question above each answer & attach copy of the Assignment questions.
- Start each question from a Fresh page.
- All assignments will be evaluated out of total mark of 100.
- Each question carries 10 marks as indicated against the question.
- Answer to all questions should be between 1000-1500 words.
- **Please ensure to send the Assignments by Speed Post Only**

SUGGESTIONS FOR WRITING AN ASSIGNMENT:

- Read the assignments carefully.
- Go through the units on which the answers are based.
- Draw a rough outline of your answer.
- Make a logical order.
- Then write your answer neatly and submit.
- Avoid copy the text from the Units. Marks will be deducted for copy & paste from modules.
- Give illustrations and tables, flow diagrams wherever necessary.
- **You must keep a Xerox copy of the answer sheets for future reference and during theory preparation.**
- Answer each assignments I and II in separate note books.
- Give an index of content with page number.
- Attach the copy of the assignment paper to the respective answer book.

On the first page of the assignment response sheet, write the following

Course Name _____	Enrollment No _____
Assignment Code_____	Name _____
Date of Submission_____	Address _____
E-mail ID_____	Signature _____
Mobile No._____	E-mail ID _____

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